



fresh picked

Paradise Canyon October 2011

MON	TUE	WED	THU	FRI
<p>3</p> <p>Grab n Go Sandwich with Fruit and Cookie</p> <p>BBQ Day: Hamburger, Cheeseburger, Turkey Dog, Chicken or Veggieburger</p>	<p>4</p> <p>Chicken Nuggets with Potato Wedges</p> <p>Grilled Cheese Sandwich with Chicken Noodle Soup</p>	<p>5</p> <p><i>*Beef Taco</i></p> <p>Cheese Quesadilla with Salsa</p>	<p>6</p> <p>PIZZA DAY</p> <p><i>*Sliced Turkey with Mashed Potatoes and Gravy served with Vegetables</i></p>	<p>7</p> <p>Cheese Ravioli with Whole Wheat Dinner Roll</p> <p>Chef Salad with Wheat Crackers</p>
<p>10</p> <p>Spaghetti with Meat Sauce</p> <p>BBQ Day: Hamburger, Cheeseburger, Turkey Dog, Chicken or Veggieburger</p>	<p>11</p> <p>Chicken Nuggets with Potato Wedges</p> <p><i>*John Hickman's Sizzling Chicken Fajitas</i></p>	<p>12</p> <p>Pasta Bar</p> <p>Chinese Chicken Salad with Wheat Crackers</p>	<p>13</p> <p>PIZZA DAY</p> <p><i>*Grandma's Beef Chili with Cornbread</i></p>	<p>14</p> <p>Cheese Ravioli with Whole Wheat Dinner Roll</p> <p>Veggie Taco Salad with Tortilla Chips</p>
<p>17</p> <p>Grab n Go Sandwich with Fruit and Cookie</p> <p>BBQ Day: Hamburger, Cheeseburger, Turkey Dog, Chicken or Veggieburger</p>	<p>18</p> <p>Chicken Nuggets with Potato Wedges</p> <p>Grilled Cheese Sandwich with Chicken Noodle Soup</p>	<p>19</p> <p><i>*Beef Taco</i></p> <p>Cheese Quesadilla with Salsa</p>	<p>20</p> <p>PIZZA DAY</p> <p><i>*Sliced Turkey with Mashed Potatoes and Gravy served with Vegetables</i></p>	<p>21</p> <p>Cheese Ravioli with Whole Wheat Dinner Roll</p> <p>Chef Salad with Wheat Crackers</p>
<p>24</p> <p>Spaghetti with Meat Sauce</p> <p>BBQ Day: Hamburger, Cheeseburger, Turkey Dog, Chicken or Veggieburger</p>	<p>25</p> <p>Chicken Nuggets with Potato Wedges</p> <p><i>*John Hickman's Sizzling Chicken Fajitas</i></p>	<p>26</p> <p>Pasta Bar</p> <p>Chinese Chicken Salad with Wheat Crackers</p>	<p>27</p> <p>PIZZA DAY</p> <p><i>*Grandma's Beef Chili with Cornbread</i></p>	<p>28</p> <p>Cheese Ravioli with Whole Wheat Dinner Roll</p> <p>Veggie Taco Salad with Tortilla Chips</p>
<p>31</p> <p>Grab n Go Sandwich with Fruit and Cookie</p> <p>BBQ Day: Hamburger, Cheeseburger, Turkey Dog, Chicken or Veggieburger</p>	<p><i>*ITEM INDICATES "FRESH PICKED" COOKED FROM SCRATCH MEAL</i></p>	<p>Lunch is served with a choice of non-fat chocolate milk or 1% white milk. A salad bar with a variety of seasonal fruits and vegetables is offered daily, as well as an additional vegetarian entrée of yogurt & graham crackers.</p>		

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